

Welcome Home Wexford Cycle

CONDITIONS OF ENTRY

Please read these conditions carefully since they are designed to ensure the safety of all riders.

1. RISK

- A. All participants in this Event(“the Wexford Cycle”) do so at their own risk and accept that Welcome Home Ireland Limited, (“**the Organiser**” ,which expression includes its directors, employees, representatives and all persons, volunteers or otherwise involved in organising or assisting in the cycle in any manner) has no legal liability in any regard.
- B. All participants acknowledge that they have experience of cycling and acknowledge that there is a risk of injury associated with cycling and that they participate in the Wexford Cycle in full acceptance of that risk.
- C. You should ensure you have adequate insurance cover for yourself and your bike.

2. FITNESS & LIABILITY STATEMENT

- A. It is in your own interest that you are fit and well on the day of the Event and have trained for the event. Please check with your doctor if you have any doubts about your fitness as the responsibility rests with you.
- B. If you are not sure, or if you are worried about stressing yourself, please ensure that you drop out of the Event at a sensible time. The best place for this is at one of the nominated stops. Ensure that you inform a representative of the Organiser so that unnecessary time is not spent searching for you.
- C. If you suffer from any medical conditions such as asthma, diabetes, epilepsy or any other conditions that medics would need to be aware of in an emergency, please inform the Organiser in advance. Should you encounter any difficulty please stay on the route, contact the emergency number provided and await the arrival of assistance.
- D. If you see or are involved in an accident, please report it to a representative of the Organiser as soon as possible. If it is a serious accident and a rider is injured, divert others round the scene and seek medical assistance by dialling 999. Make sure the injured are not left alone. Do not move the injured rider unless you have had appropriate first aid or medical training. Do not give food drink or medication.
- E. Given the distances involved riders are advised to carry some food and drink with them.

F. Safety Helmets must be worn.

3. LIABILITY AND LOSS

- A. Welcome Home cannot accept any liability for loss or theft of belongings. Riders participating in the Wexford Cycle do so at their own risk and without any liability whatsoever on the part of the Organiser in respect of any injury, loss or damage suffered except for death or personal injury caused by negligence of the Organiser .
- B. Welcome Home cannot accept any liability for loss or damage to bikes or equipment except that caused by the Organiser or its agents.
- C. Welcome Home are unable to accept liability for any changes to the route for safety reasons or for reasons that are beyond its control.
- D. All riders must ensure that their cycles are in a roadworthy condition and observe the rules of the Highway Code. Riders are also bound to follow the instructions they receive from event marshals or organisers.

4. SAFETY

- A. The route will not be closed to traffic during the Event. Obey traffic signals and read signs at all times. Buy a copy of the Highway Code and brush up on your knowledge of traffic rules. Behave at all times on the roads so that future events are not jeopardised. It is recommended by the Gardaí that you ride in single file. The organisers urge you not to ride two abreast.
- B. Children under 16 must be accompanied by an adult.
- C. All riders are advised to make provisions in advance for mechanical breakdown, such as punctures. Ensure that your brakes and gears work correctly and that your tyres are in good condition- no cuts or bulges. Pump up your tyres hard, carry a pump, tyre levers, and puncture kit, spanners and a spare inner tube.

If you cannot accept, or do not agree with any of the above you must NOT participate in the event. You are deemed to have accepted these terms and conditions on commencing the Wexford Cycle.